



325 Pine Avenue • PO Box 817, Waynesboro, VA 22980 • 540.949-7141 • [www.vpas.info](http://www.vpas.info)

## Dementia Care Kits - Available for Check Out

Dementia Care Kits are bins of activities or items appropriate for a loved one living with dementia. They can help provide stimulating solitary activities or opportunities for care partners to work on a project together. Each kit has instructions about how to use the items or activities, how to introduce a new item or activity, ideas for each caregiver to use things from home and the importance of meaningful activities for individuals living with dementia. We also have books in the caregiver lending library available to check out.

To borrow one of seven available Dementia Care Kits or a resource from the caregiver library, contact Heather Lawrence, VPAS Caregiver Support Coordinator, at 540.383.7006 or [heather@vpas.info](mailto:heather@vpas.info).



## Valley Program for Aging Services

*Serving older adults and their families in the counties of Augusta, Bath, Highland, Rockbridge, and Rockingham, and the cities of Buena Vista, Harrisonburg, Lexington, Staunton, and Waynesboro*

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