

# RESOURCES FOR THOSE SEEKING ASSISTED LIVING OR NURSING FACILITIES



## **Assisted Living Resources:**

<https://nursinghome411.org/assisted-living/>

(this website page has a lot of information. Scroll down to: “All Questionnaires for Prospective Residents” for a fairly comprehensive list of questions to ask a facility.)

<https://theconsumervoicework.org/uploads/files/issues/2. How to Select an Assisted-Living Facility.pdf> (this website page is a shortened overview of how to select an assisted living facility.)

[https://theconsumervoicework.org/uploads/files/long-term-care-recipient/piecing-together-quality-long-term-care \(1\).pdf](https://theconsumervoicework.org/uploads/files/long-term-care-recipient/piecing-together-quality-long-term-care (1).pdf)

(the above link takes you to “Piecing Together Long-Term Care”—an 80 page booklet (PDF)—good guide to overview of many types of services and situations)

<https://www.dss.virginia.gov/facility/search/alf.cgi>

(above link goes to VA Dept. of Social Services to search for Assisted Living Facilities. Checking the boxes will filter for “memory care” [special unit], etc. you can also read the latest inspection reports of these facilities at this website.)

[https://www.dss.virginia.gov/files/division/licensing/alf/intro\\_page/current\\_providers/resources/agfacilities.pdf](https://www.dss.virginia.gov/files/division/licensing/alf/intro_page/current_providers/resources/agfacilities.pdf)

(the above link lists Assisted Living Facilities that take Auxiliary Grants)

[https://www.vsb.org/docs/Senior\\_Handbook.pdf](https://www.vsb.org/docs/Senior_Handbook.pdf)

(Senior Virginians Handbook [for Virginia] resource for all kinds of topics involving seniors)

<https://www.nia.nih.gov/health/residential-facilities-assisted-living-and-nursing-homes>

(National Institute on Aging—info about Residential Facilities, Assisted Living and Nursing Homes, also has links for “Eldercare Locator” and CMS website)

## **Nursing Home Resources:**

<https://www.familyassets.com/nursing-homes/virginia?page=1>

(above link goes to nursing homes in Virginia that accept Medicaid)

<https://www.medicare.gov/care-compare/>

(government website that allows search of Nursing Homes and has a rating system)

[https://theconsumervoice.org/uploads/files/long-term-care-recipient/piecing-together-quality-long-term-care\\_\(1\).pdf](https://theconsumervoice.org/uploads/files/long-term-care-recipient/piecing-together-quality-long-term-care_(1).pdf)

(the above link is a good introduction to various types of Long Term Care.)

[https://theconsumervoice.org/uploads/files/long-term-care-recipient/9.How\\_to\\_Solve\\_Problems\\_in\\_a\\_Nursing\\_Home.pdf](https://theconsumervoice.org/uploads/files/long-term-care-recipient/9.How_to_Solve_Problems_in_a_Nursing_Home.pdf)

(the above link gives advice on how consumers should solve problems in a nursing facility)

<https://theconsumervoice.org/uploads/files/issues/consumer-guide-to-choosing-a-nursing-home-final.pdf>

(Consumer Voice Guide to Choosing a Nursing Home. About 10 pages. Has questions to ask, things to look for, etc.)

<https://www.medicare.gov/publications/02174-nursing-home-other-long-term-services.pdf>

(a comprehensive guide from the Centers for Medicare and Medicaid Services [“CMS”] that covers initial steps, financial considerations, etc. Also includes more than just Nursing Home info—includes home care, etc., 36 pages long)

<https://www.medicare.gov/care-compare/?providerType=NursingHome&redirect=true>

(lets you search for facilities near you by zip code)

<https://theconsumervoice.org/uploads/files/issues/long-term-care-resources-on-the-internet-factsheet-feb.pdf>

(the above link takes you to a two-page summary of information about websites on long-term care and issues some warnings about the content.)

[https://theconsumervoice.org/uploads/files/long-term-care-recipient/piecing-together-quality-long-term-care\\_\(1\).pdf](https://theconsumervoice.org/uploads/files/long-term-care-recipient/piecing-together-quality-long-term-care_(1).pdf)

(great deal of info about all-types of care [home-based, retirement communities, nursing facilities, assisted living, etc.—covers many topics in 82 pages)

[https://theconsumervoice.org/uploads/files/long-term-care-recipient/CV\\_NHrights\\_factsheet\\_final.pdf](https://theconsumervoice.org/uploads/files/long-term-care-recipient/CV_NHrights_factsheet_final.pdf)

(this link takes you to Resident’s Rights in a Nursing Home, 2 pages)