



## Opening Minds Through Art (OMA) Volunteer Position Description

**Volunteering with OMA provides one on one support to those living with dementia and other cognitive concerns offering them time and space in which they may be creative, feel successful, and build nurturing relationships.**

Program Description	Opening Minds through Art (OMA) is an internationally recognized arts program designed for those living with dementia and other cognitive concerns. Some of the goals of OMA include: learning about abstract artists and creating abstract art, building positive rapport between the volunteer and the artist, and offering time to engage in the creative process with autonomy and fun.
What will I be responsible for?	<ul style="list-style-type: none"> <li>• Assisting persons living with dementia in a one-on-one guided art project</li> <li>• Giving autonomy to the art participants</li> <li>• Following the training and guidance of the OMA facilitator</li> </ul>
What is my time commitment?	There is an initial training for all volunteers prior to the OMA session. Volunteers are asked to commit to participation in a four-week series of OMA sessions that occur once a week for one hour. Dates, times and locations vary throughout the year.
What skills or abilities do I need?	Volunteers are fully guided by the OMA facilitator throughout each art project, and all levels of artistic ability are welcomed. Volunteers must be at least 18 years old, have an interest in art, and be comfortable working with older adults living with dementia or other cognitive concerns.
What will VPAS require of me before I begin to volunteer?	You will need to complete the following forms prior to your volunteer training session: <ul style="list-style-type: none"> <li>• Volunteer Application</li> <li>• Confidentiality Agreement</li> <li>• Photo Release Form</li> </ul>
What training is required?	We will provide an orientation to the mission vision of VPAS and the programs offered in the community. Volunteers must complete the OMA training in advance of the sessions. This training is typically 2 hours long. Once trained you may volunteer for any upcoming OMA sessions.

Do you have additional questions about the volunteer position or the application process and the documents you have received?

Please reach out to Pam Bennett, Administrative Services Coordinator at 540-949-7141 or [pam@vpas.info](mailto:pam@vpas.info) for further assistance.

Additional information about VPAS can be found at [www.vpas.info](http://www.vpas.info)