



VPAS Impact Report 2024-2025

Harrisonburg and Rockingham County Region

VPAS Mission

To empower those 60 and over with the resources and opportunities they need to lead engaged lives

Highlights

VPAS launched "Soup, Socks, and Sunshine", a very successful community drive bringing extra warmth, nutrition and communication to Meals on Wheels recipients in the region. Other notable changes since last year:



+10%

hours of health classes, education, senior recreation



+36%

more people provided with meals at VPAS Cafes

IMPACT SNAPSHOT ▼

3,295

Unduplicated People Served

45,600

Healthy Meals

1,602

Hours of health classes, confident aging education, and senior recreation

3,197

Contacts for information and assistance and hours of checking calls

2,264

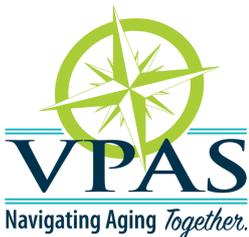
One-way van rides to medical appointments and other life-necessary destinations

159

Older adults provided with Medicare counseling

210

Caregivers Supported



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Harrisonburg, VA 22801
(540) 615-5341 | www.vpas.info

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An Impact Story

A neighbor who lives alone suffered a medical event and collapsed onto her kitchen floor. She told her case manager she remembers thinking, "I will be okay....I know my Meals on Wheels volunteer will be here soon and will find me." The volunteer arrived, called 911, and the client was taken to the hospital for treatment. She is very thankful for VPAS and the services we provide.

Turn to VPAS: Programs in Harrisonburg and Rockingham County:

- Meals on Wheels
- Senior Transportation
- VPAS Cafes
- Information and Referral
- Home Assessments
- Emergency Services
- Medicare Consultation
- Caregiver Support
- Health and wellness workshops
- Long-term care Ombudsman

