



# VPAS Impact Report 2024-2025

## Bath and Highland County Region

### VPAS Mission

To empower those 60 and over with the resources and opportunities they need to lead engaged lives

### Highlights

A special *No Senior Eats Alone* luncheon introduced many new community members to the West Warm Springs VPAS Cafe, helping to boost Cafe attendance. Other notable changes since last year:

**+21%**

more people provided with VPAS Cafe meals



**+10%**

more people provided with Meals on Wheels



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### IMPACT SNAPSHOT ✓

1,314

Unduplicated People Served

11,135

Healthy Meals

164

Hours of health classes, confident aging education, and senior recreation

1,419

Contacts for information and assistance and hours of checking calls

211

One-way van rides to medical appointments and other life-necessary destinations

158

Older adults provided with Medicare counseling

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### A note from a community member

“As I'm dealing with the necessary paperwork and final details for my dad, I'm reminded of everyone who helped make the process easier. I can't thank you enough for all the information you shared early on so that everything always went smoothly. What you're doing for families is a godsend.”

### Turn to VPAS: Programs in Bath and Highland Counties

- Meals on Wheels
- Senior Transportation
- VPAS Cafes - Bath Co.
- Bingo - Highland Co.
- Information and Referral
- Home Assessments
- Medicare Consultation
- Caregiver Support
- Emergency Services
- Health and wellness workshops
- Long-term care Ombudsman

