



## Dementia Friendly Valley Volunteer Volunteer Position Description

Dementia Friendly Valley volunteers provide education and raise awareness to create communities where people living with dementia and their caregivers feel respected, valued and supported.

Program Description	The Dementia Friendly Valley Initiative provides education and resources to community members, businesses and organizations to help them become more dementia friendly through Dementia Friends (DF) and DF@Work presentations. The initiative is directed and supported by VPAS staff and volunteers who can choose to serve on Dementia Friends Steering Committees, arrange locations for presentations, and serve as Dementia Friends Champions who provide Dementia Friends and DF@Work information sessions.
What will I be responsible for?	<p>There are several ways to volunteer – Choose one or several!</p> <ul style="list-style-type: none"> <li>• Become a facilitator of the Dementia Friends programs after completing Dementia Friends Champion Training.</li> <li>• Promote the Dementia Friendly Valley Initiative by sharing information and opportunities with organizations, faith communities and businesses you are associated with.</li> <li>• Serve on a Dementia Friends Steering Committee in your area as available and needed.</li> </ul>
What is my time commitment?	Prior to volunteering, training could take as much as 4 hours depending on your desired level of involvement. Following the initial training, volunteers will determine how much time they can commit.
What skills or abilities do I need?	Volunteers should be comfortable speaking to groups of 10 or more people, be willing to ensure that paperwork is completed and turned in, and have an interest in providing education to raise community awareness about dementia. Experience caring for or working with a person living with dementia is valuable but not required.
What will VPAS require of me before I begin to volunteer?	<p>You will need to complete the following forms prior to your orientation:</p> <ul style="list-style-type: none"> <li>• Volunteer Application</li> <li>• Confidentiality Agreement</li> <li>• Photo Release</li> </ul>
What training is required?	<ul style="list-style-type: none"> <li>• Attend an orientation which consists of an explanation of the mission vision of VPAS and our services, and the Dementia Friendly Valley Initiative.</li> <li>• Participate in a 1-hour Dementia Friends session.</li> <li>• If volunteering to be a Dementia Friends Champion, complete the 3-hour Dementia Friends Champion/DF@Work training.</li> </ul>

Do you have additional questions about the volunteer position or the application process and the documents you have received?

Please reach out to Pam Bennett, Administrative Services Coordinator at 540-949-7141 or [pam@vpas.info](mailto:pam@vpas.info) for further assistance.

Additional information about VPAS can be found at [www.vpas.info](http://www.vpas.info)