



Caregiver Peer Support Volunteer Position Description

VPAS provides many opportunities for caregivers to connect with others in similar situations through support groups and workshops. Here is yet another means of support that you can help us with by volunteering!

Program Description	A Caregiver Peer Support volunteer provides peer to peer support for caregivers who need someone to talk to who has had a similar caregiving experience, either in one-to-one conversations or during caregiver support group meetings.
What will I be responsible for?	<ul style="list-style-type: none"> • Connect with assigned caregivers by phone, virtually or at a mutually agreed upon neutral location. • Participate in support groups or other VPAS caregiver events if invited by VPAS staff. • Provide a brief summary of conversations and time spent with Caregiver to Caregiver Support Coordinator
What is my time commitment?	Volunteers determine their availability but no less than once per month is preferred.
What skills or abilities do I need?	Volunteers should have experience as caregivers, practice active listening, assist with problem solving, and validate the efforts of the caregiver.
What will VPAS require of me before I begin to volunteer?	<p>You will need to complete the following forms prior to your orientation:</p> <ul style="list-style-type: none"> • Volunteer Application • Confidentiality Agreement • Photo Release • Criminal Background Check
What training is required?	We will provide an orientation to the mission vision of VPAS and the programs offered in the community as well as training designed to support the role of a Caregiver Peer Support volunteer. After your orientation you will be required to participate in a 1 hour training with the VPAS Caregiver Support Coordinator.

Do you have additional questions about the volunteer position or the application process and the documents you have received?

Please reach out to Pam Bennett, Administrative Services Coordinator at 540-949-7141 or pam@vpas.info for further assistance.

Additional information about VPAS can be found at www.vpas.info